

## STRETCHING THE ROLE OF 'SELF' IN WISE CAREER CHOICES

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### **ABSTRACT**

*At its beginning the concept of guidance was limited only to vocations. The main purpose of guidance was to minimize juvenile delinquency which was an emerging problem at that time. The basic idea was to divert the teenage energy towards a direction; to give direction and meaning to their lives. Hence, to make them able to understand their needs, skills & abilities and thus making them able to realize of what they are capable of doing. Focus was to make 'wise' choice among the available ones.*

*Career guidance is a branch of guidance that is limited to the sphere of career only. It makes an individual able to make 'wise' choice among available careers as per his/her field of interest and qualification. Present-day competitive world has made it very difficult to grab hold of a career and to continue it as well. Most of the times, students do not realize their aptitude, their needs and their selves before making career decisions. Present paper signifies the importance of understanding self in striving for a better career option. The paper highlights the pre-requisites that should be considered prior to make any career choice. It also uncovers the principles set behind the development of self and various methods involved in the measurement of self. Considering the obscurity involved in the measurement of self, the paper also bring to light various psychological and social barriers restricting the revelation of self in a human being. At the end, some career development approaches and recommended career choices have also been explained to assist the students to go for 'wise career choices' in their future endeavors.*

**KEYWORDS:** *Career Choices, Self and Wise*

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### **Article History**

**Received: 25 Aug 2021 | Revised: 26 Aug 2021 | Accepted: 28 Aug 2021**

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